SOLE

FITNESS



TREADMILL

# Model: 16008700600
# OWNER'S MANUAL

***PLEASE CAREFULLY READ THIS ENTIRE MANUAL BEFORE OPERATING YOUR NEW TREADMILL!***

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**ATTENTION**

THIS TREADMILL IS INTENDED FOR **RESIDENTIAL USE ONLY** AND IS WARRANTED FOR THE APPLICATION. ANY OTHER APPLICATION **VOIDS** THIS WARRANTY IN ITS ENTRETY.

CONGRATULATIONS ON YOUR NEW TREADMILL AND WELCOME TO THE SOLE FAMILY!

Thank you for your purchase of this quality SOLE treadmill from Dyaco Canada Inc. Your new treadmill has been manufactured by one of the leading fitness manufacturers in the world and is backed by one of the most comprehensive warranties available. Dyaco Canada Inc. will do all we can to make your ownership experience as pleasant as possible for many years to come.

If you have any questions about your new SOLE product or questions about the warranty contact Dyaco Canada Inc. at 1-888-707-1880.

Please take a moment at this time to record below the name of the dealer, their telephone number, and the date of purchase for easy contact in the future. Keep your receipt for proof of purchase. We appreciate your confidence in SOLE and we will always remember that you are the reason that we are in business. Please complete and mail your registration card today and enjoy your new treadmill.

Yours in Health,
Dyaco Canada Inc.

Name of Dealer_____

Telephone Number of Dealer_____

Purchase Date_____

# PRODUCT **REGISTRATION**

**RECORD YOUR SERIAL NUMBER**

Please record the Serial Number of this fitness product in the space provided below.
Note: Serial Number can be found on the frame or the warming label.

**Serial Number**_____

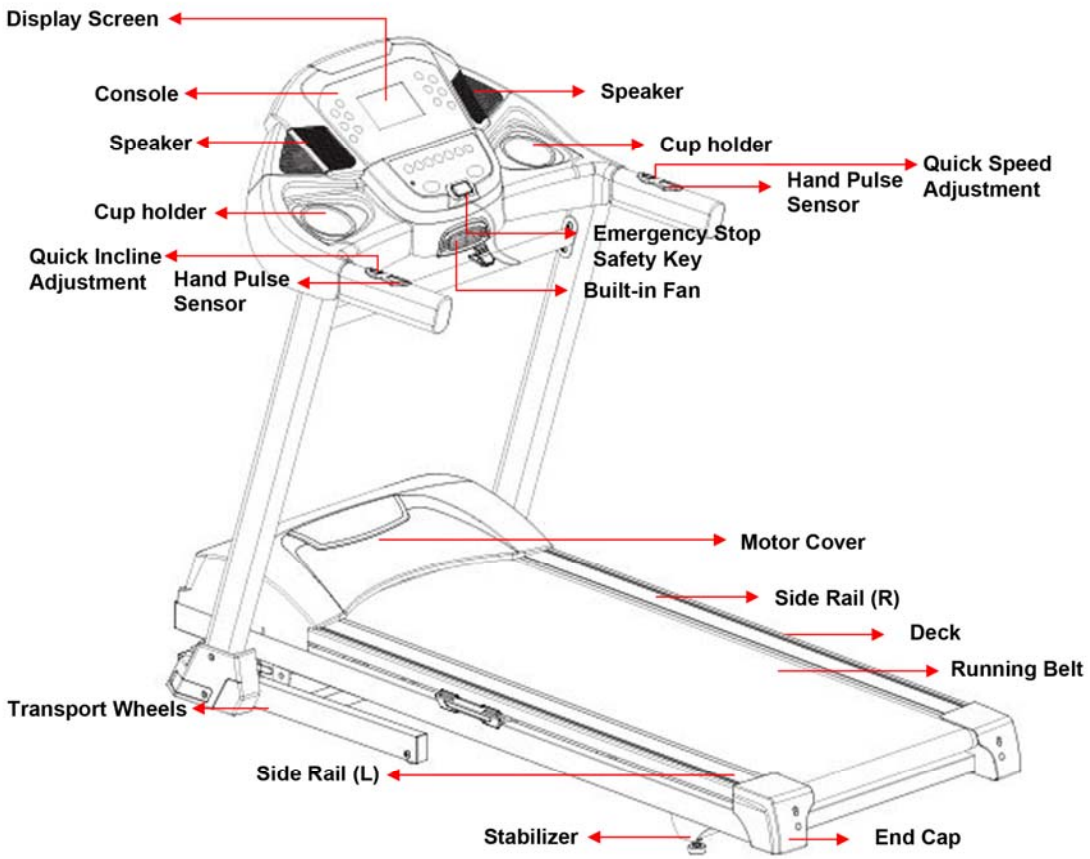
**Register your purchase**

The self-addressed product registration card must be completed in full and returned to Dyaco Canada Inc. You can also go to www.solefitness.ca to register online.

## BEFORE YOU BEGIN

Thank you for choosing the SOLE F60 Treadmill. We take great pride in producing this quality product and hope it will provide many hours of quality exercise to make you feel better, look better, and enjoy life to its fullest. It's a proven fact that a regular exercise program can improve your physical and mental health. Too often, our busy lifestyles limit our time and opportunity to exercise. The SOLE F60 Treadmill provides a convenient and simple method to begin your assault on getting your body in shape and achieving a happier and healthier lifestyle. Before reading further, please review the drawing below and familiarize yourself with the parts that are labeled.

Read this manual carefully before using the SOLE F60 Treadmill. Although Dyaco Canada Inc. constructs its products with the finest materials and uses the highest standards of manufacturing and quality control, there can sometimes be missing parts or incorrectly sized parts. If you have any questions or problems with the parts included with your SOLE F60 Treadmill, please do not return the product. Contact us **FIRST!** If a part is missing or defective call us toll free at 1-888-707-1880. Our Customer Service Staff are available to assist you from 8:30 A.M. to 5:00 P.M. (Eastern Time) Monday through Friday. Be sure to have the name and model number of the product available when you contact us.








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# IMPORTANT **SAFETY INSTRUCTIONS**

***WARNING*** - Read all instructions before using this equipment.
***DANGER*** - To reduce the risk of electric shock disconnect your SOLE treadmill from the electrical outlet prior to cleaning and/or service work.
***WARNING*** - To reduce the risk of burns, fire, electric shock, or injury to persons, install the treadmill on a flat level surface with access to a 120-volt, 15-amp grounded outlet with only the treadmill plugged into the circuit.

**DO NOT USE AN EXTENSION CORD UNLESS IT IS A 14AWG OR BETTER, WITH ONLY ONE OUTLET ON THE END: DO NOT ATTEMPT TO DISABLE THE GROUNDED PLUG BY USING IMPROPER ADAPTERS, OR IN ANY WAY MODIFY THE CORD SET.**
A serious shock or fire hazard may result along with computer malfunctions. See Grounding Instructions if applicable.

- Do not operate treadmill on deeply padded, plush or shag carpet. Damage to both carpet and treadmill may result.
- Do not block the rear of the treadmill. Provide a minimum of 3 1/2 feet clearance between the rear of the treadmill and any fixed object.
- Keep children under the age of 13 away from the treadmill. There are obvious pinch points and other caution areas that can cause harm.
- Keep hands away from all moving parts.
- Never operate the treadmill if it has a damaged cord or plug. If the treadmill is not working properly, call your dealer.
- Keep the cord away from heated surfaces.
- Do not operate where aerosol spray products are being used or where oxygen is being administered. Sparks from the motor may ignite a highly gaseous environment.
- Never drop or insert any object into any openings.
- Do not use outdoors.
- To disconnect, turn all controls to the off position, remove tether cord, and then remove the plug from the outlet.
- Do not attempt to use your treadmill for any purpose other than for the purpose it is intended.
- The pulse sensors are not medical devices. Various factors, including the user's movement, may affect the accuracy of heart rate readings. The pulse sensors are intended only as exercise aids in determining heart rate trends in general.
- Use handrails provided; they are for your safety.
- Wear proper shoes. High heels, dress shoes, sandals or bare feet are not suitable for use on your treadmill. Quality athletic shoes are recommended to avoid leg fatigue.
- Please verify and make sure safety key functions properly before using the treadmill. Always wear the safety key clip while in use.
- For energy savings, always unplug the power cord when treadmill is not in use.
- This equipment is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the equipment by a person responsible for their safety.
- User weight should not exceed 300 lbs. (136 kg).

**Remove tether cord after use to prevent unauthorized treadmill operation.**

**SAVE THESE INSTRUCTIONS - THINK SAFETY!**


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# IMPORTANT **ELECTRICAL INSTRUCTIONS**

***WARNING!***

**NEVER** use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. As with any appliance with a large motor, the GFCI will trip often. Route the power cord away from any moving part of the treadmill including the elevation mechanism and transport wheels.

**NEVER** remove any cover without first disconnecting AC power.

If voltage varies by ten percent (10%) or more, the performance of your treadmill may be affected. Such conditions are not covered under your warranty. If you suspect the voltage is low, contact your local power company or a licensed electrician for proper testing.

**NEVER** expose this treadmill to rain or moisture. This product is NOT designed for use outdoors, near a pool or spa, or in any other high humidity environment. The maximum operating temperature specification is 40 degrees c, and humidity is 95% non-condensing (no water drops forming on surfaces).

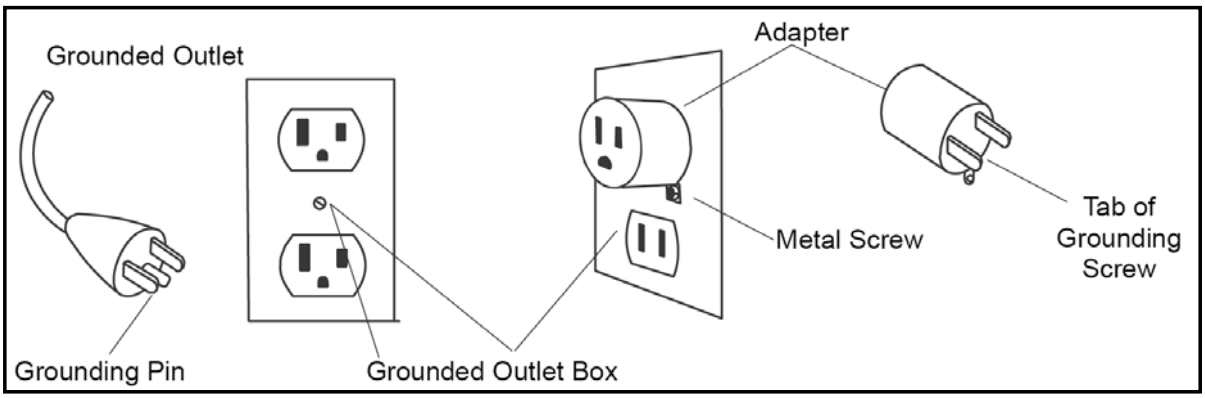
**Circuit Breakers:** Some circuit breakers used in homes are not rated for high inrush currents that can occur when a treadmill is first turned on or even during use. If your treadmill is tripping the house circuit breaker (even though it is the proper current rating) but the circuit breaker on the treadmill itself does not trip, you will need to replace the home breaker with a high inrush type. This is not a warranty defect. This is a condition we as a manufacture have no ability to control. This part is available through most electrical supply stores. Examples: Grainger part # 1D237, or available online at www.squared.com part # QO120HM.

# GROUNDING **INSTRUCTIONS**

**This product must be grounded.** If the treadmill should malfunction or breakdown, grounding provides a path of least resistance for electric current, reducing the risk of electric shock. This product is equipped with a cord having an equipment-grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

**DANGER - Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product if it will not fit the outlet; have a proper outlet installed by qualified electrician.**

This product is for use on a nominal 120 volt/15 amp circuit, and has a grounding plug that looks like the plug illustrated below. A temporary adapter that looks like the adapter illustrated below may be used to connect this plug to a 2-pole receptacle as shown below if a properly grounded outlet is not available. The temporary adapter should be used only until a properly grounded outlet, (shown below) can be installed by a qualified electrician. The green colored rigid ear lug, or the like, extending from the adapter, must be connected to a permanent ground such as a properly grounded outlet box cover. Whenever the adapter is used, it must be held in place by a metal screw.








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# IMPORTANT **OPERATION INSTRUCTIONS**

- **NEVER** operate this treadmill without reading and completely understanding the results of any operational change you request from the computer.
- Understand that changes in speed and incline do not occur immediately. Set your desired speed on the computer console and release the adjustment key. The computer will obey the command gradually.
- **NEVER** use your treadmill during an electrical storm. Surges may occur in your household power supply that could damage treadmill components. Unplug the treadmill during an electrical storm as a precaution.
- Use caution while participating in other activities while walking on your treadmill; such as watching television, reading, etc. These distractions may cause you to lose balance or stray from walking in the center of the belt; which may result in serious injury.
- **NEVER** mount or dismount the treadmill while the belt is moving. Treadmills start at a very low speed and it is unnecessary to straddle the belt during start up. Simply standing on the belt during slow acceleration is proper after you have learned to operate the unit.
- Always hold on to a handrail or hand bar while making control changes (incline, speed, etc.).
- Do not use excessive pressure on console control keys. They are precision set to function properly with little finger pressure. If you feel the buttons are not functioning properly with normal pressure contact your dealer.

# SAFETY **TETHER CORD**

A safety tether cord is provided with this unit. It is a simple magnetic design that should be used at all times. It is for your safety should you fall or move too far back on the tread-belt. Pulling this safety tether cord will stop tread-belt movement.

**To Use:**

1. Place the magnet into position on the red portion of the console control head between the Start and Stop keys. Your treadmill will not start and operate without this. Removing the magnet also secures the treadmill from unauthorized use.

2. Fasten the plastic clip onto your clothing securely to assure good holding power.
   Note: The magnet has strong enough power to minimize accidental, unexpected stopping. The clip should be attached securely to make certain it does not come off. Be familiar with its function and limitations. The treadmill will stop, depending on speed, with a one to two step coast anytime the magnet is pulled off the console. Use the red Stop / Pause switch in normal operation.

# IMPORTANT **SAFETY INSTRUCTIONS**

**READ BEFORE UNPACKING YOUR FOLDING TREADMILL**

Serious injury could occur if this folding treadmill is not unpacked properly.

There is a Velcro strap installed around the treadmill base that prevents the treadmill from unfolding accidentally during shipping. If this strap is not removed properly the treadmill could spring open unexpectedly and cause injury if someone is standing near the treadmill when the strap is removed.

To ensure your personal safety during removal of the shipping strap please make sure the treadmill is positioned flat on the ground, in the orientation it would be in if you were using the treadmill. Do not turn the treadmill up on its side while removing the shipping strap. This could cause the treadmill's folding mechanism to spring open. If the end of the Velcro strap (that you need to grab to remove it) happens to be under the treadmill deck, reach under the deck to grab it, but do not tilt the treadmill up to gain access to the strap end.

# PREVENTATIVE **MAINTENANCE CHART**

| Vacuum Under Motor Cover&Check Wiring (Every Other Month) | Clean&Inspect Deck for Lubrication (Every Other Month) | Lubricate Deck (Every 90 hours or sooner if dry) | Inspect Belt Tracking(Monthly)Adjust if necessary | Date |
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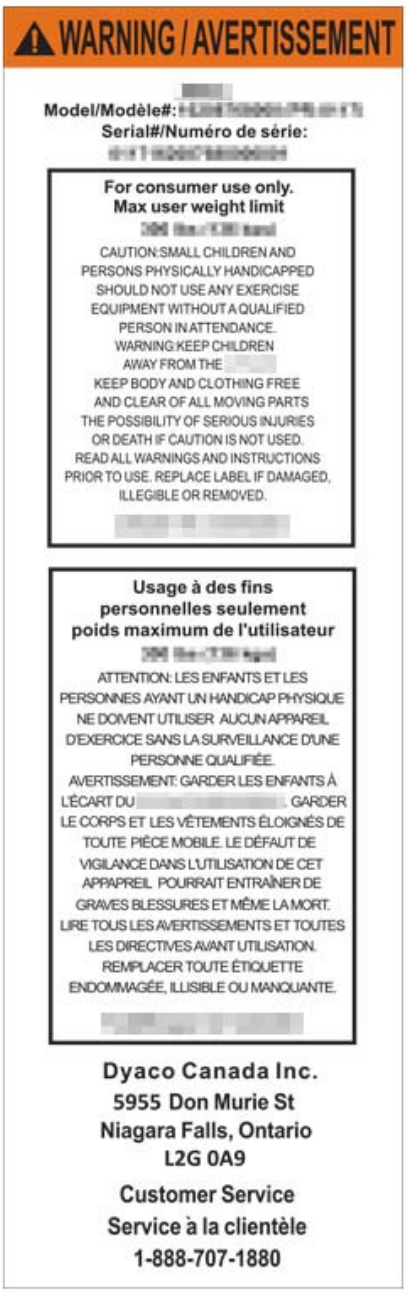




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# WARNING DECAL **REPLACEMENT**

The decal shown below has been placed on the treadmill. If the decal is missing or illegible, please call our Customer Service Department toll-free at 1-888-707-1880 to order a replacement decal.



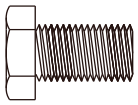




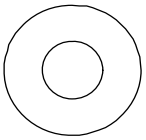

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# **F60** ASSEMBLY PACK CHECKLIST

## HARDWARE **STEP 2**

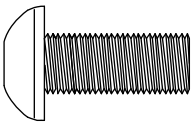


**# 99**. 5/16” x 1/2”
Hex Head Bolt (8 pcs)

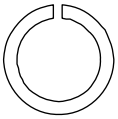


**# 100.** 5/16”
Flat Washer (8 pcs)

## HARDWARE **STEP 3**

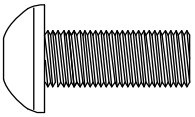


**#125**. 5/16” x 3/4”
Button Head Socket Bolt
(4 pcs)



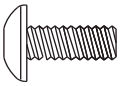
**#80**.5/16” Split Washer
(4 pcs)

## HARDWARE **STEP4**



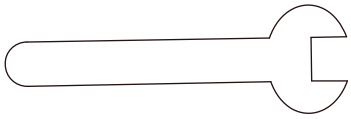
**#125**. 5/16” x 3/4”
Button Head Socket Bolt (4 pcs)

## HARDWARE **STEP5**



**#128**. M5 x 10mm
Phillips Head Screws (4 pcs)

## ASSEMBLY **TOOLS**



**#90**. 13mm Wrench



**#102.** Combination M5 Allen Wrench & Phillips Head Screwdriver



**#103.** M6 L Allen Wrench

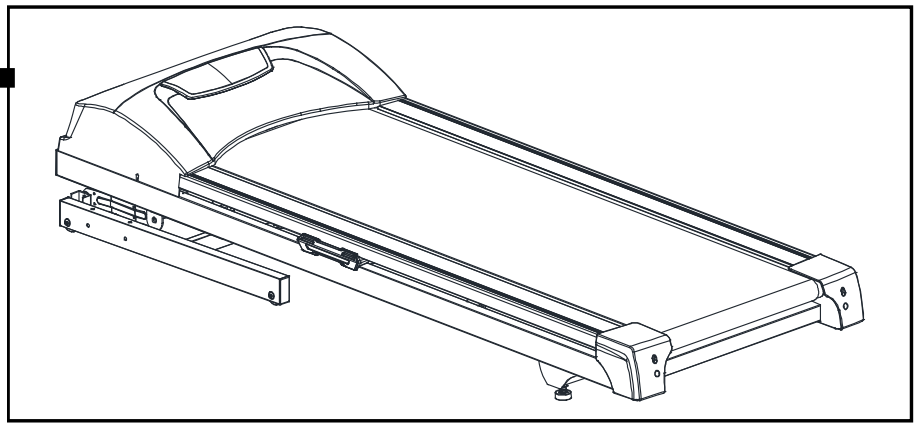




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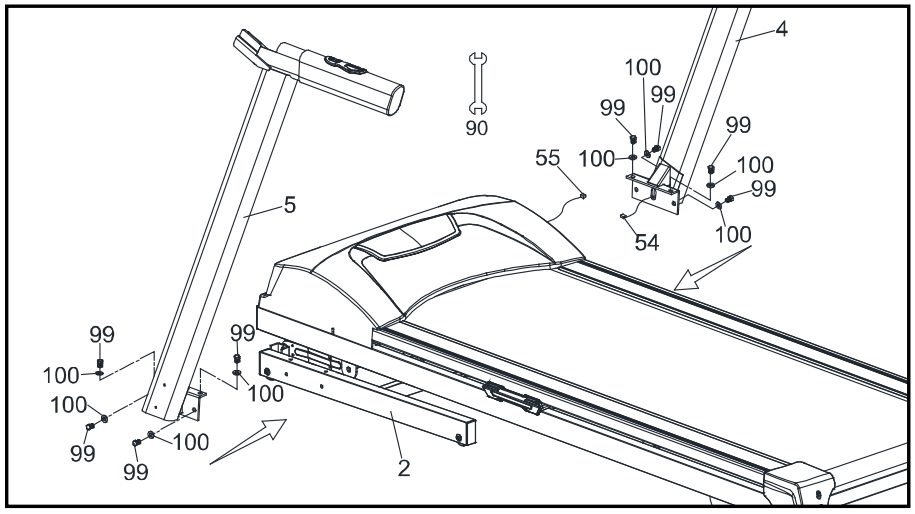
# **F60** ASSEMBLY INSTRUCTIONS

## 1 MAIN BASE FRAME



1. Remove the treadmill from the carton and lay it on flat, level ground.

## 2 UPRIGHTS & CABLES




**Hardware Step 2**

**#99**. 5/16” x1/2” Hex Head Bolt (8 pcs)
**#100**. 5/16” Flat Wash (8 pcs)

**NOTE:** This step may work better with a second person assisting.

1. Connect the Lower Computer Cable (**55**) and Middle Computer Cable (**54**).
2. Insert Right and Left Uprights (**4**) and (**5**) into the Frame Base (**2**) and use 13mm Wrench (**90**) to tighten the eight Hex Head Bolts (**99**) and eight Flat Washers (**100**).

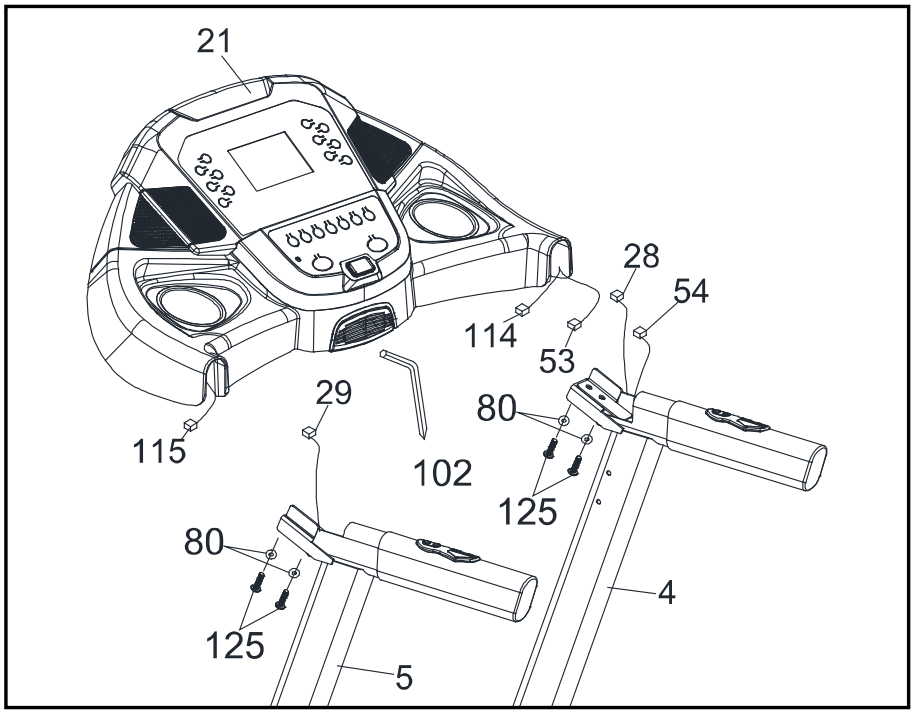
Be very careful when assembling the uprights so as not to pinch the computer cables. This could lead to a short circuit and may damage the electronics and is not covered under warranty.





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# 3 CONSOLE




**Hardware Step 3**

**#80**. 5/16”Split Washer (4 pcs)
**#125.** 5/16” x 3/4” Button Head Socket Bolt (4 pcs)

**NOTE:** This step may work better with a second person assisting.

1. Connect the Middle Computer Cable (**54**) and Upper Computer Cable (**53**).
2. Connect the Upper Speed Adjustment Switch W/Cable (**114**) and Speed/Hand Pulse cable (**28**).
3. Connect the Upper Incline Adjustment Switch W/Cable (**115**) and Incline/Hand Pulse cable (**29**).
4. Install the Console Assembly (**21**) into right and left Uprights (**4**) and (**5**) and secure with four Button Head Socket Bolts (**125**) with four Split Washers (**80**) by using Combination M5 Allen Wrench & Phillips Head Screwdriver (**102**).

Be very careful when assembling the console so as not to pinch the computer cables. This could lead to a short circuit and may damage the electronics and is not covered under warranty

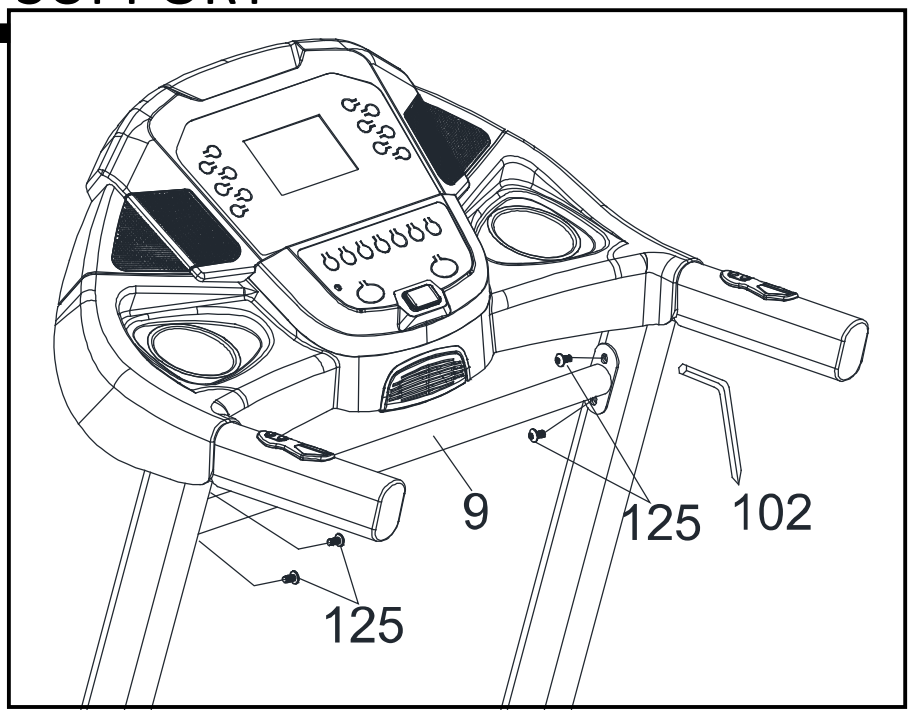


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# 4 SUPPORT

**Hardware Step 4**

**#125**. 5/16” x 3/4” Button Head Socket Bolt (4 pcs)



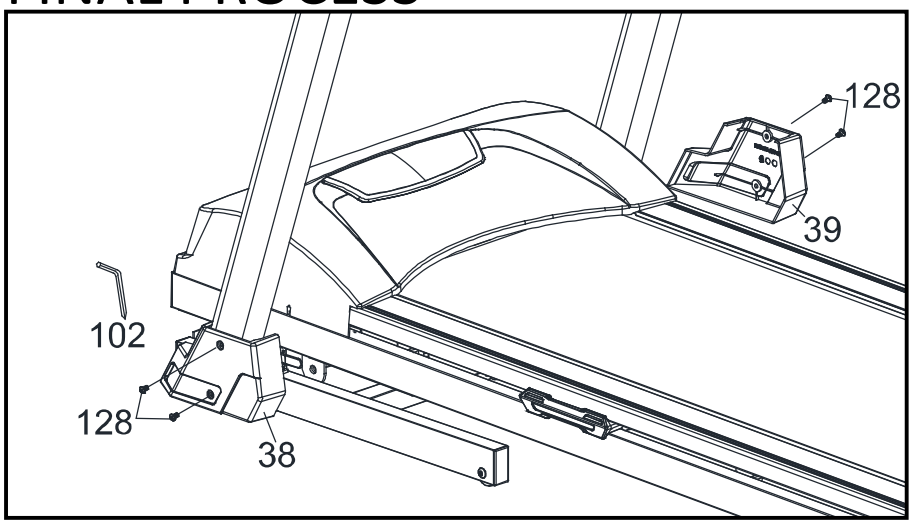

1. Install Handrail Support (**9**) between Left and Right Uprights (**5**) and (**4**). Use the combination M5 Allen Wrench and Phillips Head Screwdriver (**102**) to tighten four Button Head Socket Bolts (**125**).





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# 5 FINAL PROCESS




**Hardware Step 5**

**#128.** M5 x 10mm Phillips Head Screw (4 pcs)

1. Install the left and right Frame Base Covers (**38**) and (**39**) on the Frame Base and secure with four Phillips Head Screws (**128**) by using Combination M5 Allen Wrench & Phillips Head Screwdriver (**102**).





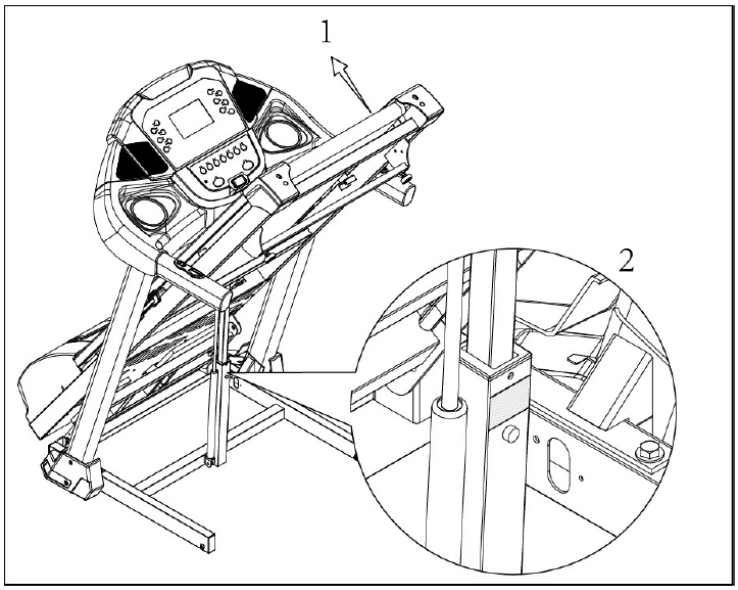
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# FOLDING **INSTRUCTIONS**

Do not attempt to move the unit unless it is in the folded and locked position. Be sure the power cord is secured to avoid possible damage. Use both handrails to maneuver the unit to the desired position.

**■TO FOLD THE TREADMILL**
Lift the deck until the latch clicks in place.

**■TO UNFOLD THE TREADMILL**
Press the tube with your foot at the yellow sticker to release latch. See picture to the right.

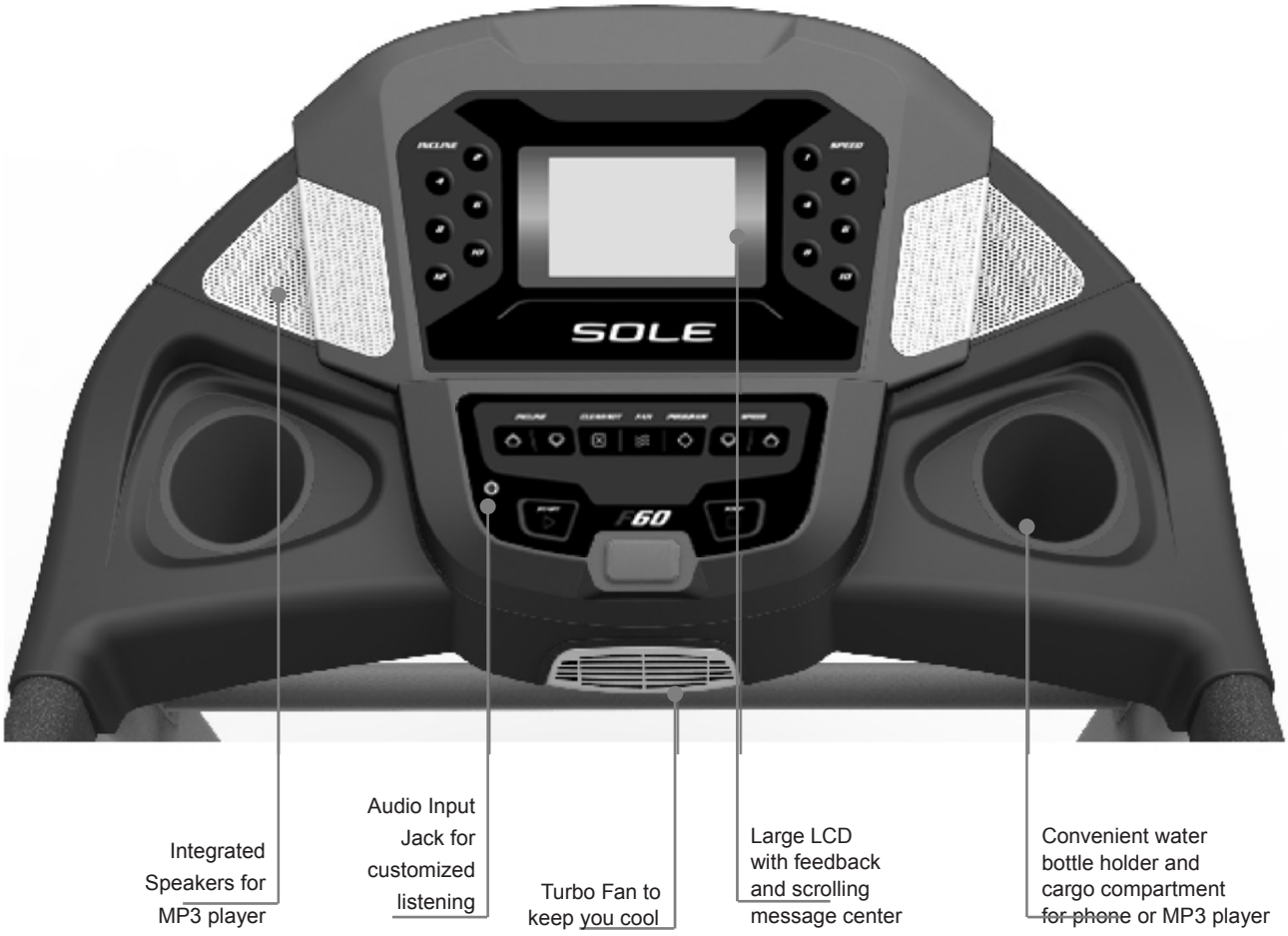



# **TRANSPORTATION** INSTRUCTIONS

The treadmill is equipped with four transport wheels that are engaged when the treadmill is folded. After folding simply roll the treadmill away.

# OPERATION OF **YOUR TREADMILL**

## ■Console




**GETTING STARTED:**

Power the treadmill on by plugging it into an appropriate wall outlet, then turn on the power switch located at the front of the treadmill below the motor hood. Ensure that the Safety Key is installed, as the treadmill will not operate without it.



When the power is turned on, the console will show the current software version, the total running mileage, hours. The treadmill will then enter idle mode, which is the starting point for operation.





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# CONSOLE **OPERATION**

## QUICK-START OPERATION

1. Attach the Safety key to enable the display (if not already on).
2. Press the **START** key to begin belt movement. Adjust to the desired speed using the **SPEED ▲/▼** keys (console or handgrip). You may also use the **QUICK SPEED** keys **1,2,4,6,8,10** to adjust the speed.
3. To slow tread-belt press and hold the **SPEED ▼** key (console or handgrip) to the desired speed. You may also press the **QUICK SPEED** keys **1,2,4,6,8,10**.
4. To stop the tread-belt press the **STOP** key or pull away Safety key.

## PAUSE/STOP/RESET FEATURE

1. When the treadmill is running the pause feature may be utilized by pressing the **STOP** key once. This will slowly decelerate the tread-belt to a stop. The incline will go to zero percent. The Time, Distance and Calorie readings will hold while the unit is in the pause mode. After five minutes, the display will reset and return to the start up screen.
2. To resume your exercise, when in Pause mode, press the **START** key. The speed and incline will return to their previous settings.
   - Pause is executed when the **STOP** key is pressed once. If the **STOP** key is pressed a second time the program will end. If the **STOP** key is pressed a third time, the console will reset.

## INCLINE FEATURE

- Incline may be adjusted any time after belt movement.
- Press the **INCLINE ▲/▼** keys to achieve desired level of effort. Three Quick access key of **2, 4, 6,8,10** and **12** are also available to adjust the incline percent. The incline range is from 0 to 12 levels.
- The display will indicate incline position as adjustments are made.

## PULSE GRIP FEATURE

The Pulse (Heart Rate) readout will display your current heart rate in beats per minute during the workout. You must use both stainless-steel sensors on the side hand rails to display your pulse. Pulse value displays anytime the upper display is receiving a Pulse signal.

## CALORIE DISPLAY

Displays the cumulative calories burned at any given time during your workout.
***Note***: This is only a rough guide used for comparison of different exercise sessions, which cannot be used for medical purposes.

## TO TURN TREADMILL OFF

1. Remove tether cord.
2. Turn off the main switch on the front of the treadmill, below the motor cover.

## TO TURN OFF AUDIBLE BEEP

1. If you want to turn off the audible beep sound that occurs when you press keys, etc., follow the instructions in Engineering Mode.

# PROGRAMMABLE **FEATURES**

The Treadmill has a total of 24 pre-set programs. Fourteen of them (P1-P14) have only speed changes with no incline changes, while the last 10 (P15-24) have speed and incline changes programmed.

## TO SELECT AND START A PRESET PROGRAM

1. Press the Program key to choose desired program (P1, P2, …..P24). Press the Clear/Set key to set the workout time. Press Start to begin your workout.
2. To set custom targets for your workout (Time, Calories or Distance) press the Clear/Set key while in the idle mode. Each time you press Clear/Set, a different target will start blinking. If the Calories target is blinking you can use the Speed Up and Down keys to set a Calorie target. Pressing Start will begin your workout and now the Calories will count down to zero from your selected target of how many calories you wanted to burn during the workout. This feature only works in the quick start mode and not in preset programs.

# HEART RATE CONTROL **PROGRAM**

1. Choose HRC program and then press CLEAR/SET
2. Use FAST/SLOW keys to set Target Heart Rate value then press CLEAR/SET
3. Use FAST/SLOW keys to set workout Time and then press START to begin workout.

# METRIC TABLE

| time | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| P1-speed | 1 | 1.5 | 2.5 | 3 | 3.5 | 3 | 2.5 | 1.5 | 1 | 1 | 1 | 1.5 | 2.5 | 3 | 3.5 | 3 | 2.5 | 1.5 | 1 | 1 | 1 | 1.5 | 2.5 | 3 | 3.5 | 3 | 2.5 | 1.5 | 1 | 1 |
| P2-speed | 1 | 1.5 | 1.5 | 1.5 | 1.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 3.5 | 2.5 | 2.5 | 1 | 1 | 1 | 1 | 1 |
| P3-speed | 1 | 2.5 | 3.5 | 5 | 3.5 | 3.5 | 2.5 | 2.5 | 1 | 1 | 1 | 2.5 | 3.5 | 5 | 3.5 | 3 | 2.5 | 2.5 | 1 | 1 | 1 | 2.5 | 3.5 | 5 | 3.5 | 3.5 | 2.5 | 2.5 | 1 | 1 |
| P4-speed | 1 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1 |
| P5-speed | 1.5 | 2.5 | 3.5 | 5 | 6 | 5 | 3.5 | 2.5 | 1 | 1 | 1 | 2.5 | 3.5 | 5 | 6 | 5 | 3.5 | 2.5 | 1 | 1 | 1 | 2.5 | 3.5 | 5 | 6 | 5 | 3.5 | 2 | 1 | 1 |
| P6-speed | 1.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 4.5 | 4.5 | 4.5 | 4.5 | 4.5 | 4.5 | 4.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 |
| P7-speed | 2.5 | 1 | 3.5 | 3.5 | 5 | 6 | 3.5 | 3.5 | 1 | 1 | 1 | 1 | 3.5 | 3.5 | 5 | 6 | 3.5 | 3.5 | 1 | 1 | 1 | 1 | 3.5 | 3.5 | 5 | 6 | 3.5 | 3.5 | 1 | 1 |
| P8-speed | 2.5 | 3 | 3 | 3 | 3.5 | 3.5 | 3.5 | 5 | 5 | 5 | 3 | 3 | 3 | 3.5 | 3.5 | 3.5 | 5.5 | 5.5 | 5.5 | 3 | 3 | 3 | 3 | 5.5 | 5.5 | 5.5 | 3.5 | 3.5 | 3 | 3 |
| P9-speed | 3 | 1.5 | 2 | 3 | 1 | 1.5 | 2.5 | 3 | 1.5 | 1 | 1 | 1.5 | 2 | 3 | 1 | 1.5 | 2 | 3 | 1.5 | 1 | 1 | 1.5 | 2.5 | 3 | 1 | 1.5 | 2.5 | 3 | 1.5 | 1 |
| P10-speed | 3.5 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 |
| P11-speed | 3.5 | 3.5 | 4.5 | 4.5 | 4.5 | 5 | 5 | 5 | 5 | 5.5 | 5.5 | 5.5 | 5.5 | 5.5 | 5 | 5 | 5 | 5 | 5.5 | 5.5 | 5.5 | 5 | 5 | 5 | 5.5 | 5.5 | 5.5 | 5 | 5 | 5 |
| P12-speed | 4.5 | 1.5 | 2.5 | 3 | 3.5 | 3 | 2.5 | 1.5 | 1 | 1 | 1 | 1.5 | 2.5 | 3 | 3.5 | 3 | 2.5 | 1.5 | 1 | 1 | 1 | 1.5 | 2.5 | 3 | 3.5 | 3 | 2.5 | 1.5 | 1 | 1 |
| P13-speed | 5 | 2.5 | 3.5 | 5 | 2.5 | 3.5 | 2.5 | 2.5 | 1 | 1 | 1 | 2.5 | 3.5 | 5 | 3.5 | 3.5 | 2.5 | 2.5 | 1 | 1 | 1 | 2.5 | 3.5 | 5 | 3.5 | 3.5 | 2.5 | 2.5 | 1 | 1 |
| P14-speed | 5.5 | 5.5 | 5.5 | 5 | 5 | 5 | 5 | 5 | 4.5 | 4.5 | 4.5 | 4.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3 | 3 | 3 | 3 | 2.5 | 2.5 | 2.5 | 2.5 | 1 | 1 | 1 | 1 | 1 | 1 |
| .P15-speed | 1.5 | 2.5 | 3.5 | 2.5 | 3 | 3.5 | 3.5 | 3 | 2.5 | 1 | 1 | 1 | 1.5 | 3.5 | 4.5 | 3.5 | 3.5 | 3 | 2.5 | 1 | 3.5 | 3 | 1.5 | 3.5 | 2.5 | 1.5 | 3.5 | 2.5 | 2.5 | 1 |
| P15_INC | 3 | 4 | 5 | 6 | 3 | 4 | 5 | 6 | 5 | 4 | 3 | 4 | 5 | 6 | 3 | 4 | 5 | 6 | 3 | 4 | 3 | 4 | 5 | 6 | 3 | 4 | 5 | 6 | 5 | 4 |
| P16-speed | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 |
| P16_INC | 2 | 4 | 6 | 8 | 10 | 10 | 10 | 8 | 6 | 4 | 2 | 4 | 6 | 8 | 10 | 10 | 10 | 8 | 6 | 4 | 2 | 4 | 6 | 8 | 10 | 10 | 10 | 8 | 6 | 4 |
| P17-speed | 3 | 3 | 1.5 | 1.5 | 1.5 | 5.5 | 5.5 | 5.5 | 5.5 | 4.5 | 4.5 | 4.5 | 3.5 | 3.5 | 5.5 | 5.5 | 5.5 | 5.5 | 3 | 3 | 3 | 4.5 | 4.5 | 4.5 | 4.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 |
| P17_INC | 3 | 7 | 7 | 9 | 10 | 9 | 7 | 7 | 3 | 3 | 3 | 7 | 7 | 9 | 10 | 9 | 7 | 7 | 3 | 3 | 3 | 7 | 7 | 9 | 10 | 9 | 7 | 7 | 3 | 3 |
| P18-speed | 1 | 1 | 3.5 | 3.5 | 5 | 6 | 3.5 | 3.5 | 1 | 1 | 1 | 1 | 3.5 | 3.5 | 5 | 6 | 3.5 | 3.5 | 1 | 1 | 1 | 1 | 3.5 | 3.5 | 5 | 6 | 3.5 | 3.5 | 1 | 1 |
| P18_INC | 7 | 5 | 3 | 5 | 9 | 4 | 2 | 4 | 6 | 8 | 10 | 10 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 2 | 1 | 2 | 1 | 2 | 1 | 2 | 2 | 0 |
| P19-speed | 1 | 1.5 | 2.5 | 3.5 | 1 | 1.5 | 2.5 | 3 | 1.5 | 1 | 1 | 1.5 | 2.5 | 3 | 1 | 1.5 | 2.5 | 3 | 1.5 | 1 | 1 | 1.5 | 2.5 | 3 | 1 | 1.5 | 2.5 | 3 | 1.5 | 1 |
| P19_INC | 3 | 1 | 2 | 3 | 4 | 4 | 3 | 2 | 1 | 0 | 1 | 1 | 2 | 3 | 4 | 4 | 3 | 2 | 1 | 0 | 1 | 1 | 2 | 3 | 4 | 4 | 3 | 2 | 1 | 0 |
| P20-speed | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 | 1 | 2.5 | 3.5 | 1.5 | 2.5 | 3.5 | 1 | 2.5 | 3.5 | 1 |
| P20_INC | 1 | 3 | 5 | 7 | 9 | 10 | 9 | 7 | 5 | 3 | 1 | 3 | 5 | 7 | 9 | 10 | 9 | 7 | 5 | 3 | 1 | 3 | 5 | 7 | 9 | 10 | 9 | 7 | 5 | 3 |
| P21-speed | 1 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 4.5 | 4.5 |
| P21_INC | 0 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 6 | 6 | 6 | 6 | 6 | 6 | 6 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 3 | 3 | 3 | 3 | 3 | 3 | 0 | 0 |
| P22-speed | 1 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 3 | 3 | 3 | 3 | 3 | 3 | 1.5 | 1.5 |
| P22_INC | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 |
| P23-speed | 1 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3.5 | 3 | 3 |
| P23_INC | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| P24-speed | 1.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 2.5 | 4.5 | 4.5 | 4.5 | 4.5 | 4.5 | 4.5 | 4.5 | 7.5 | 7.5 | 7.5 | 7.5 | 7.5 | 7.5 | 7.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1.5 | 1 |
| P24_INC | 0 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 9 | 0 |



customerservice@dyaco.ca

Dyaco Canada Inc. 2017

# USING A HEART RATE TRANSMITTER (OPTIONAL)

How to wear your wireless chest strap transmitter:





1. Attach the transmitter to the elastic strap using the locking parts.
2. Adjust the strap as tightly as possible as long as the strap is not too tight to remain comfortable.
3. Position the transmitter with the logo centered in the middle of your body facing away from your chest (some people must position the transmitter slightly left of center). Attach the final end of the elastic strap by inserting the round end and, using the locking parts, secure the transmitter and strap around your chest.
4. Position the transmitter immediately below the pectoral muscles.
5. Sweat is the best conductor to measure very minute heart beat electrical signals. However, plain water can also be used to pre-wet the electrodes (2 ribbed oval areas on the reverse side of the belt and both sides of the transmitter). It's also recommended that you wear the transmitter strap a few minutes before your work out. Some users, because of body chemistry, have a more difficult time in achieving a strong, steady signal at the beginning. After "warming up", this problem lessens. As noted, wearing clothing over the transmitter/strap doesn't affect performance.
6. Your workout must be within range - distance between transmitter/receiver – to achieve a strong steady signal. The length of range may vary somewhat but generally stay close enough to the console to maintain good, strong, reliable readings. Wearing the transmitter immediately against bare skin assures you of proper operation. If you wish, you may wear the transmitter over a shirt. To do so, moisten the areas of the shirt that the electrodes will rest upon.

*Note: The transmitter is automatically activated when it detects activity from the user's heart. Additionally, it automatically deactivates when it does not receive any activity. Although the transmitter is water resistant, moisture can have the effect of creating false signals, so you should take precautions to completely dry the transmitter after use to prolong battery life (estimated transmitter battery life is 2500 hours). The replacement battery is Panasonic CR2032.*

# WARNING!

**DO NOT USE THE HEART RATE CONTROL PROGRAM IF YOUR HEART RATE IS NOT REGISTERING PROPERLY ON THE TREADMILL'S DISPLAY!**

# HEART RATE

The heart rate grips are located on the left and right handlebars that are positioned parallel to the walking deck. You can periodically grasp both of these (palms over the steel sensors) until you see your current heart rate. This readout is for reference only and should not be used medically in any way. It is not recommended to use the heart rate grips if the treadmill belt is moving faster than 4 mph. This may cause you to lose your balance.

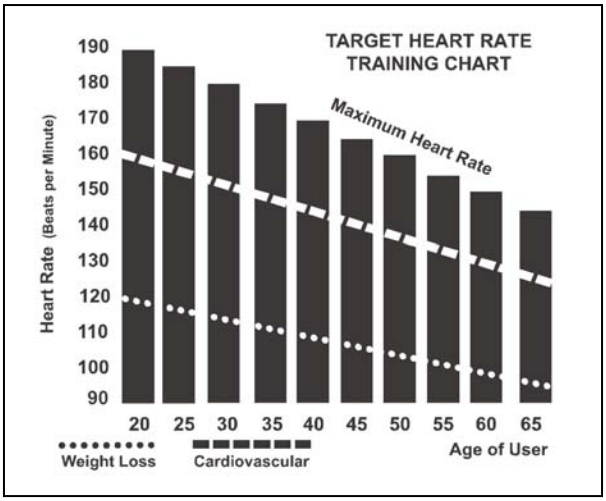
The old motto, “no pain, no gain”, is a myth that has been overpowered by the benefits of exercising comfortably. A great deal of this success has been promoted by the use of heart rate monitors. With the proper use of a heart rate monitor, many people find that their usual choice of exercise intensity was either too low and exercise is much more enjoyable by maintaining their heart rate in the desired benefit range.

To determine the benefit range in which you wish to train, you must first determine your Maximum Heart Rate. This can be accomplished by using the following formula: 220 minus your age. This will give you the Maximum Heart rate (MHR) for someone of your age. To determine the effective heart rate range for specific goals you simply calculate a percentage your MHR. Your Heart rate training zone is 50% to 90% of your Maximum Heart rate. 60% of your MHR is the zone that burns fat while 80% is for strengthening the cardio vascular system. This 60% to 80% is the zone to stay in for maximum benefit.

For someone who is 40 years old their target heart rate zone is calculated:

220 – 40 = 180 (maximum heart rate)
180 x .6 = 108 beats per minute (60% of maximum)
180 X .8 = 144 beats per minute (80% of maximum)

So, for a 40 year old the training zone would be 108 to 144 beats per minute.




After calculating your MHR you can decide upon which goal you would like to pursue.

The two most popular reasons for, or goals, of exercise are cardiovascular fitness (training for the heart and lungs) and weight control. The black columns on the chart above represent the Maximum Heart Rate for a person whose age is listed at the bottom of each column. The training heart rate, for either cardiovascular fitness or weight loss, is represented by two different lines that cut diagonally through the chart. A definition of the lines’ goal is in the bottom left-hand corner of the chart. If your goal is cardiovascular fitness or if it is weight loss, it can be achieved by training at 80% or 60%, respectively, of your Maximum Heart Rate on a schedule approved by your physician. Consult your physician before participating in any exercise program.

With all Heart Rate Control programs treadmills you may use the heart rate monitor feature without using the Heart Rate. This function can be used during manual mode or during any of the eleven different programs.

**CAUTION!**
The target value is a suggestion only for normal, healthy individuals. ***Do not exceed your limits!*** You may not be able to obtain your chosen target. If in question, enter a higher age value that will set a lower target goal.

# RATE OF PERCEIVED EXERTION

Heart rate is important but listening to your body also has a lot of advantages. There are more variables involved in how hard you should workout than just heart rate. Your stress level, physical health, emotional health, temperature, humidity, the time of day, the last time you ate and what you ate, all contribute to the intensity at which you should workout. If you listen to your body, it will tell you all of these things.

The rate of perceived exertion (RPE), also known as the Borg scale, was developed by Swedish physiologist G.A.V. Borg. This scale rates exercise intensity from 6 to 20 depending upon how you feel or the perception of your effort.

The scale is as follows:

Rating Perception of Effort

6 Minimal
7 Very, very light
8 Very, very light +
9 Very light
10 Very light +
11 Fairly light
12 Comfortable
13 Somewhat hard
14 Somewhat hard +
15 Hard
16 Hard +
17 Very hard
18 Very hard +
19 Very, very hard
20 Maximal

You can get an approximate heart rate level for each rating by simply adding a zero to each rating. For example a rating of 12 will result in an approximate heart rate of 120 beats per minute. Your RPE will vary depending up the factors discussed earlier. That is the major benefit of this type of training. If your body is strong and rested, you will feel strong and your pace will feel easier. When your body is in this condition, you are able to train harder and the RPE will support this. If you are feeling tired and sluggish, it is because your body needs a break. In this condition, your pace will feel harder. Again, this will show up in your RPE and you will train at the proper level for that day.

# GENERAL MAINTENANCE

⚠ **WARNING: Always unplug your treadmill prior to cleaning in order to avoid electrical hazard or shock.**

**BELT & DECK**

Your treadmill uses a very high-efficient low-friction deck. Performance is maximized when the deck is kept as clean as possible. Use a soft, damp cloth, or paper towel to wipe the edge of the belt and the area between the belt edge and the frame. Also reach as far as practical directly under the belt edge. This should be done once a month to extend belt and deck life. A mild soap and water solution along with a nylon scrub brush will clean the top of the textured belt. Allow to dry before using.

**BELT DUST**

This occurs during normal break-in or until the belt stabilizes. Sometimes the black dust from the belt will appear on the floor behind the treadmill, this is normal.

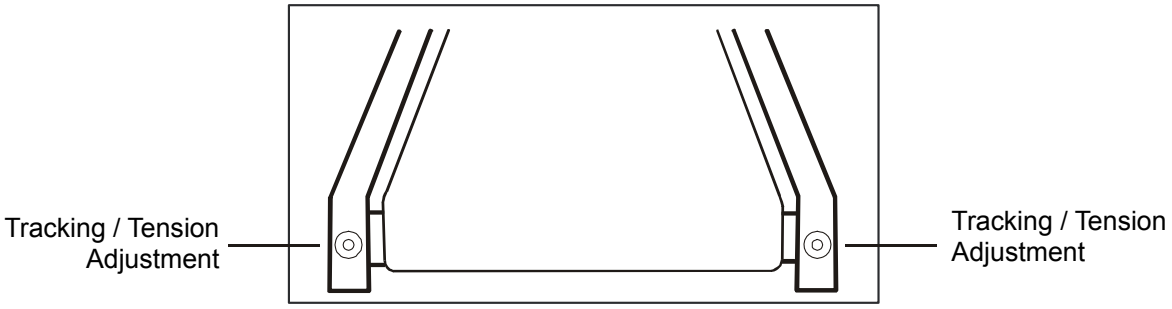
**GENERAL CLEANING**

Dirt, dust, and pet hair can block air inlets and accumulate on the running belt. Please vacuum underneath your treadmill on a monthly basis to prevent excess build-up of dirt that can get sucked up and get into the inner workings under the motor cover. Once a year, you should remove the black motor hood and vacuum out dirt that may accumulate. UNPLUG POWER CORD BEFORE THIS TASK.

Cleaning metal surfaces may be accomplished by using a soft cotton or terry cloth rag with a light application of car wax. Do not use aerosol sprays or pump bottles as they may deposit wax upon the walking or computer surface. Under no circumstances are you to use ammonia, oils, silicones, or any other compounds on the rubberized walking surface. The use of such materials may cause serious injury to the body and/or deteriorate the performance of the walking surface. Only clean the rubberized walking surface with a damp cloth (water only). From time-to-time the computer surface may collect dust or finger prints. The use of harsh chemicals will destroy the protective coating and cause a static build up that will damage the components. This surface may be cleaned with specially prepared chemicals found in most computer supply stores especially made for anti-static surfaces. It is strongly recommended that you purchase such a cleaning compound.

# BELT **ADJUSTMENTS**

**Tread-belt Tension Adjustment** - Belt tension is not critical for most users. It is very important for joggers and runners in order to provide a smooth, steady running surface. Adjustment must be made from the right and left side of the rear roller in order to adjust tension with the 6 mm Allen wrench provided in the parts package. The adjustment bolt is located at the end of the right and left side rails as noted in diagram below.




***Note:*** *Adjustment is through small hole in end cap.*





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Tighten the rear roller only enough to prevent slippage at the front roller. Turn the tread-belt tension adjusting bolt in increments of 1/4 turn and inspect for proper tension.
When an adjustment is made to the belt tension, you must also make a tracking adjustment to compensate for the change in belt tension. This is accomplished by turning both the tension and tracking Allen bolts an equal amount. This adjustment should be made by turning both bolts clockwise by no more than a 1/4 turn at a time.

**DO NOT OVERTIGHTEN**–Over tightening will cause belt damage and premature bearing failure. If you tighten the belt a lot and it still slips, the problem could actually be the drive belt-located under the motor cover - that connects the motor to the front roller. If that belt is loose it feels similar to the walking belt being loose. Tightening the motor belt should be done by a trained service person.

# TREAD-BELT **TRACKING ADJUSTMENT**

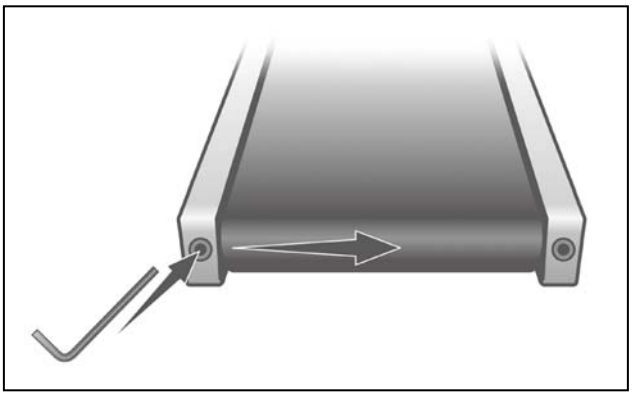
The performance of your treadmill is dependent on the frame running on a reasonably level surface. If the frame is not level, the front and back roller cannot run parallel, and constant belt adjustment may be necessary.

The treadmill is designed so that the tread-belt remains reasonably centered while in use. It is normal for some belts to drift near one side while in use, depending on a user's gait and if they favor one leg. But if during use the belt continues to move toward one side, adjustments are necessary.

## SETTING TREAD-BELT TRACKING

A 6mm Allen wrench is provided for this adjustment. Make tracking adjustments on the left side bolt. Set belt speed at 3 mph. Be aware that a small adjustment can make a dramatic difference which may not be apparent right away. If the belt is too close to the left side, then turn the bolt only a 1/4 turn to the right (clockwise) and wait a few minutes for the belt to adjust itself. Continue to make 1/4 turns until the belt stabilizes in the center of the running deck.

If the belt is too close to the right side, turn the bolt counter-clockwise. The belt may require periodic tracking adjustment depending on use and walking/running characteristics. Some users may affect tracking differently. Expect to make adjustments as required to center the tread-belt. Adjustments will become less of a maintenance concern as the belt is used. Proper belt tracking is an owner responsibility common with all treadmills.



**ATTENTION:**
**DAMAGE TO THE RUNNING BELT RESULTING FROM IMPROPER TRACKING / TENSION ADJUSTMENTS IS NOT COVERED UNDER THE WARRANTY.**

**TREADMILL BELT**

The walking belt on your new SOLE treadmill is made of the highest quality materials designed to last even under punishing conditions. When a treadmill belt is brand new, and has been in the package for a few months before use, a common occurrence can happen; the area of the belt that wraps around the rollers will take on the shape of the roller. Upon starting the treadmill this shape in the belt causes a thumping sound each time the belt moves past the rollers. Once the treadmill has been used for a few workouts, the belt wears in and the thumping sound goes away. This noise is normal on new higher end belts so there is no need to contact service; the new belt just requires a wear in period. Thank you for choosing SOLE and enjoy your new treadmill.

# BELT/DECK **LUBRICATION**

First, you want to clean between the belt and deck to remove any debris that may be trapped. Use a clean, non-fraying rag, t-shirt, or light towel. Halfway between the end of the treadmill and motor cover, shove the garment under the belt until you can grasp it on both sides of the belt. Drag the garment the length of the entire belt 1-2 times. Remove the garment.

Only lubricate your treadmill with 100% silicone treadmill lubricant. Your treadmill comes with one tube of “Lube” and extra tubes can be ordered directly from Dyaco Canada Inc. or your authorized Sole Fitness dealer. You may also use a Lube-n-Walk kit that can be purchased through both aforementioned sellers.

Keeping the deck lubricated at the recommended intervals ensures the longest life possible for your treadmill. If the lubricant dries out, the friction between the belt and deck rises and places undue stress on the drive motor, drive belt and electronic motor control board, which could result in catastrophic failure of these expensive components. Failure to lubricate the deck at regular intervals may void the warranty.

The belt & deck come pre-lubricated and subsequent lubrication should be performed every 90 hours of use or if you notice that the deck is dry. It is recommended that you reach between the belt and deck to verify there is lubrication present, every other month. If you check and there isn’t any lubrication present, follow the procedure below even though the “Lube” indicator isn’t lit on the console. Otherwise, lubricate when the console’s lubrication reminder lights after 90 hours of use. Use the following procedure to apply the silicone lubricant:

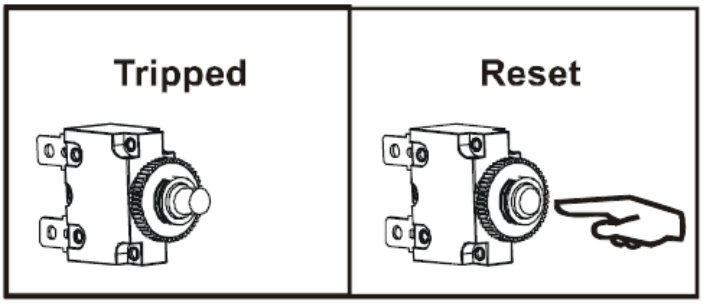
1. Turn the power switch off and unplug the power cord from the wall outlet.
2. Measure 18” from the edge of the motor cover; kneel down and reach under the belt approximately 4-6” from one edge. Squirt a line of lubricant about 1/8” wide x 15” long in an “S” pattern perpendicular to the motor cover.
3. Repeat the process on the opposite side.
4. Plug the electrical cord back into the outlet and turn the power switch on.
5. Walk on the belt at a moderate speed for five minutes to evenly distribute the silicone lube.

## HOW TO CHECK IF THE TREADBOARD REQUIRES LUBRICATION

Lift one side of the tread-belt and feel the top surface of the tread board. If the surface is (slick) to the touch, then no further lubrication is required. If the surface is dry to the touch, apply one packet of lubricant or half of the bottle of lubricant.

## RESET **SWITCH RESETTING**

If your treadmill lost power or will not start, check the reset switch located on the front of the motor cover. If the white tab of the reset switch is not showing then the reset switch has not been tripped. If the white tab of the reset switch is showing, the reset switch has tripped. To reset the reset switch: Remove the safety clip on console. Press white tab of the reset switch in until it snaps back into place. If the reset switch continues to trip - see tread-belt adjustment and tread-belt lubrication




## ADJUSTING THE SPEED SENSOR

If the calibration does not pass you may need to check the speed sensor alignment.

1. Remove the motor cover hood by loosening the 4 screws that hold it in place (you do not need to remove them completely).
2. The speed sensor is located on the left side of the frame, right next to the front roller pulley (the pulley will have a belt around it that also goes to the motor). The speed sensor is small and black with a wire connected to it.
3. Make sure the sensor is as close as possible to the pulley without touching it. You will see a magnet on the face of the pulley; make sure the sensor is aligned with the magnet. There is a screw that holds the sensor in place that needs to be loosened to adjust the sensor. Re-tighten the screw when finished.

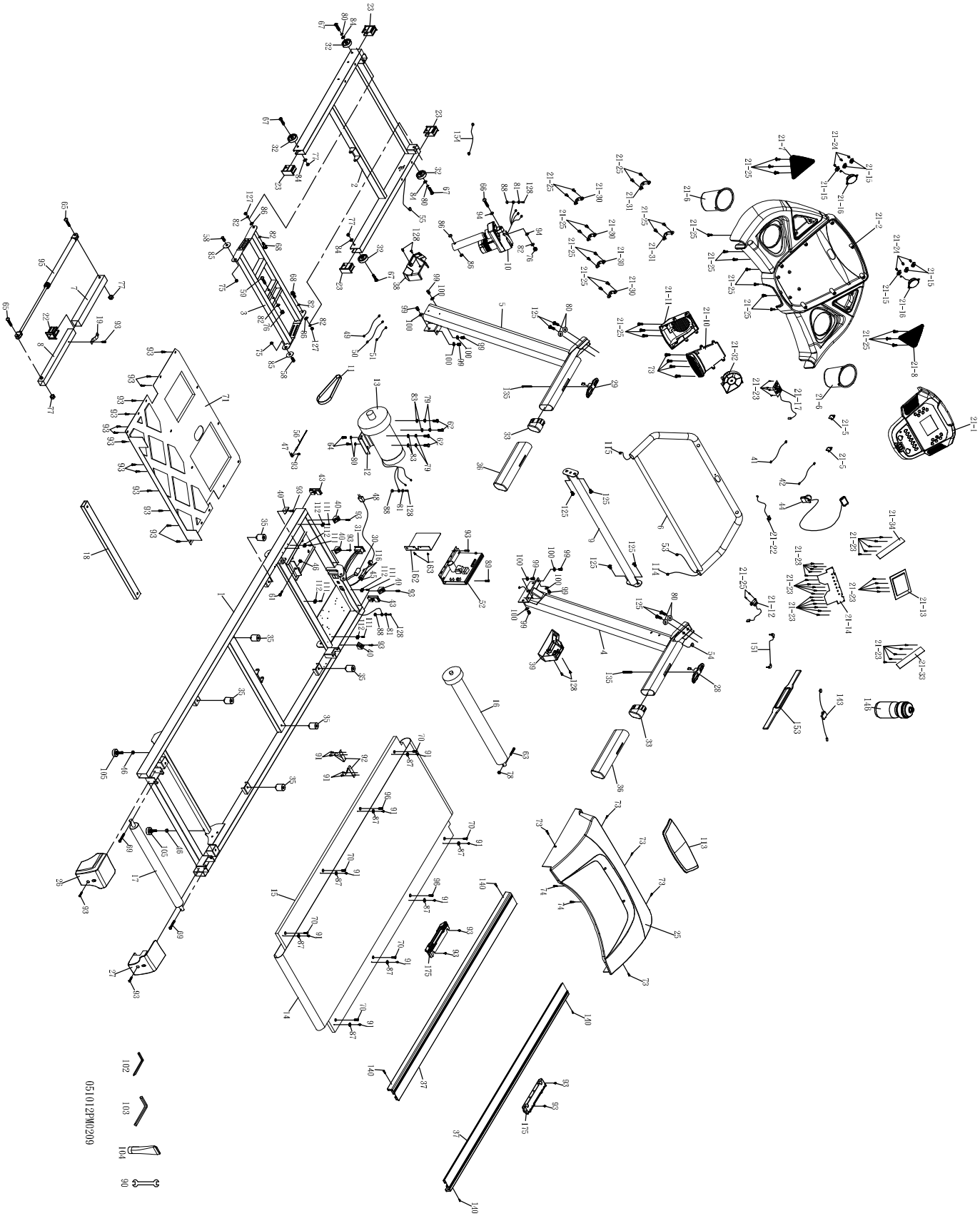


# SERVICE CHECKLIST – DIAGNOSIS GUIDE

Before contacting your dealer for aid, please review the following information. It may save you both time and expense. This list includes common problems that may not be covered under the treadmill's warranty.

| PROBLEM | SOLUTION/CAUSE |
|---|---|
| Display does not light | 1. Tether cord not in position.<br>2. Circuit breaker on front grill tripped.<br>Push circuit breaker in until it locks.<br>3. Plug is disconnected. Make sure plug is firmly pushed into AC household wall outlet.<br>4. Breaker panel circuit breaker may be tripped.<br>5. Treadmill defect. Contact your dealer. |
| Tread-belt does not stay centered<br>Treadmill belt hesitates when walked/run on | The user may be walking while favoring or putting more weight on either the left or right foot. If this walking pattern is natural, track the belt slightly<br>Off-center to the side opposite from the belt movement. See General Maintenance section on Tread-belt Tension Adjust as necessary. |
| Motor is not responsive after pressing start | If you press Start and the belt never moves, contact service |
| Treadmill will only achieve approximately 12 kph but shows higher speed on display | This indicates motor should be receiving power to operate. Low AC voltage to treadmill. Do not use an extension cord. If an extension cord is required it should be as short as possible and heavy duty 14 gauge minimum. Low household voltage. Contact an electrician or your dealer. A minimum of 120 V AC current is required. |
| Tread-belt stops quickly/suddenly when tether cord is pulled | High belt/deck friction. See **General Maintenance** section on cleaning the deck. If cleaning doesn't prevent this from reoccurring, check to see if there is significant wear of the deck. If so, the deck may need to be flipped if it is on its original side |
| Treadmill trips on board 15 amp circuit | High belt/deck friction. See **General Maintenance.** If cleaning doesn't prevent this from reoccurring, check the amp draw of the motor. If this is high and there are signs of significant wear of the deck, it may need to be flipped if it is on its original side |
| Computer shuts off when console is touched (on a cold day) while walking/running | Treadmill may not be grounded. Static electricity is "crashing" the computer. Refer to **Grounding Instructions**. |
| Circuit breaker trips, but not the treadmill circuit breaker | Need to replace the house breaker with a "High In-rush current" type breaker. |

# EXPLODED **VIEW DIAGRAM**








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# PARTS **LIST**

| Key | Part | Part Description | Q'ty |
|---|---|---|---|
| **1** | **7006001** | Main Frame | 1 |
| **2** | **7006002** | Frame Base | 1 |
| **3** | **7006003** | Incline Bracket | 1 |
| **4** | **7006004** | Right Upright | 1 |
| **5** | **7006005** | Left Upright | 1 |
| **6** | **7006006** | Console Support | 1 |
| **7** | **7006007** | Outer Slide | 1 |
| **8** | **7006008** | Inner Slide | 1 |
| **9** | **7006009** | Handrail Support | 1 |
| **10** | **7006010** | Incline Motor | 1 |
| **11** | **7006011** | Drive Belt | 1 |
| **12** | **7006012** | Motor Bracket | 1 |
| **13** | **7006013** | Drive Motor | 1 |
| **14** | **7006014** | Running Belt | 1 |
| **15** | **7006015** | Running Deck | 1 |
| **16** | **7006016** | Front Roller W/Pulley | 1 |
| **17** | **7006017** | Rear Roller | 1 |
| **18** | **7006018** | Deck Cross Brace | 1 |
| **19** | **7006019** | Sliding Tube Spring | 1 |
| **21** | **7006021** | Console Assembly | 1 |
| **21~1** | **7006021-1** | Console Top Cover | 1 |
| **21~2** | **7006021-2** | Console Outer Cover | 1 |
| **21~5** | **7006021-5** | Square Magnet Stop Plate | 2 |
| **21~6** | **7006021-6** | Drink Bottle Holder | 2 |
| **21~7** | **7006021-7** | Speaker Cover ( L ) | 1 |
| **21~8** | **7006021-8** | Speaker Cover ( R ) | 1 |
| **21~10** | **7006021-10** | Top Fan Cover | 1 |
| **21~11** | **7006021-11** | Bottom Fan Cover | 1 |
| **21~12** | **7006021-12** | 500m/m_Safety Switch Module W/ Cable | 1 |
| **21~13** | **7006021-13** | Console Display Board | 1 |
| **21~14** | **7006021-14** | Key Board | 1 |
| **21~15** | **7006021-15** | Speaker Grill Anchor (Optional) | 6 |
| **21~16** | **7006021-16** | 600m/m_Speaker W/Cable (Optional) | 2 |
| **21~17** | **7006021-17** | 0.5W Amplifier Controller (Optional) | 1 |
| **21~22** | **7006021-22** | Sound Board W/Cable (Optional) | 1 |
| **21~23** | **7006021-23** | Ø2.3 × 6L_Sheet Metal Screw (4 pcs Optional) | 34 |
| **21~24** | **7006021-24** | Ø3.0 × 10L_Sheet Metal Screw (Optional) | 6 |
| **21~25** | **7006021-25** | Ø3.5 × 12L_Sheet Metal Screw | 30 |
| **21~30** | **7006021-30** | Ø22.2_Console Bracket Anchor | 4 |
| **21~31** | **7006021-31** | Ø32_Console Bracket Anchor | 2 |
| **21~32** | **7006021-32** | Fan Assembly (Red) (Optional) | 1 |
| **21~33** | **7006021-33** | Key Board-speed | 1 |
| **21~34** | **7006021-34** | Key Board-incline | 1 |

| Key | Part | Part Description | Q'ty |
|---|---|---|---|
| **22** | **7006022** | Anti-Colliding Plug | 1 |
| **23** | **7006023** | Metal Tube End Cap | 4 |
| **25** | **7006025** | Motor Top Cover | 1 |
| **26** | **7006026** | Adjustment Base (L) | 1 |
| **27** | **7006027** | Adjustment Base (R) | 1 |
| **28** | **7006028** | 300m/m_Speed/Hand Pulse Complex | 1 |
| **29** | **7006029** | 300m/m_Incline/Hand Pulse Complex | 1 |
| **30** | **7006030** | Breaker | 1 |
| **31** | **7006031** | On/Off Switch | 1 |
| **32** | **7006032** | Transportation Wheel | 4 |
| **33** | **7006033** | Handgrip End Cap | 2 |
| **35** | **7006035** | Cushion | 6 |
| **36** | **7006036** | PVC Handgrip | 2 |
| **37** | **7006037** | Foot Rail | 2 |
| **38** | **7006038** | Frame Base Cover (L) | 1 |
| **39** | **7006039** | Frame Base Cover (R) | 1 |
| **40** | **7006040** | Motor Cover Anchor(D) | 5 |
| **41** | **7006041** | 1000m/m_Connecting Cable (Upper) (Optional) | 1 |
| **42** | **7006042** | 500m/m_Connecting Cable (Lower) (Optional) | 1 |
| **43** | **7006043** | 30 × 60m/m_Square End Cap | 2 |
| **44** | **7006044** | Square Safety Key | 1 |
| **45** | **7006045** | Power Socket | 1 |
| **46** | **7006046** | 3/8" × UNC16 × 7T_Nut | 3 |
| **47** | **7006047** | Sensor Rack | 1 |
| **48** | **7006048** | Power Cord | 1 |
| **49** | **7006049** | 300m/m_Connecting Wire (White) | 1 |
| **50** | **7006050** | 300m/m_Connecting Wire (Black) | 1 |
| **51** | **7006051** | 100m/m_Connecting Wire (Black) | 1 |
| **52** | **7006052** | Motor Controller | 1 |
| **53** | **7006053** | 1200m/m_Computer Cable (Upper) | 1 |
| **54** | **7006054** | 1250m/m_Computer Cable (Middle) | 1 |
| **55** | **7006055** | 1200m/m_Computer Cable (Lower) | 1 |
| **56** | **7006056** | 1000m/m_Sensor W/Cable | 1 |
| **58** | **7006058** | 1/2" × UNC12 × 1"_Hex Head Bolt | 2 |
| **59** | **7006059** | 3/8" × UNC16 × 3-1/4"_Hex Head Bolt | 1 |
| **61** | **7006061** | 3/8" × UNC16 × 1-1/2"_Hex Head Bolt | 1 |
| **62** | **7006062** | 3/8" × UNC16 × 3/4"_Hex Head Bolt | 4 |
| **63** | **7006063** | M8 × P1.25 × 60L_Hex Head Bolt | 1 |
| **64** | **7006064** | M8 × P1.25 × 12L_Hex Head Bolt | 2 |
| **65** | **7006065** | 5/16" × UNC18 × 3"_Button Head Socket Bolt | 2 |
| **66** | **7006066** | 3/8" × UNC16 × 1-3/4"_Hex Head Bolt | 1 |
| **67** | **7006067** | 5/16" × UNC18 × 1-1/2"_Flat Head Socket Bolt | 4 |
| **68** | **7006068** | M10 × P1.5 × 25L_Socket Head Cap Bolt | 2 |
| **69** | **7006069** | M8 × P1.25 × 80L_Socket Head Cap Bolt | 2 |
| **70** | **7006070** | M8 × P1.25 × 25L_Flat Head Countersink Bolt | 6 |





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| Key | Part | Part Description | Q'ty |
|---|---|---|---|
| 71 | 7006071 | Motor Bottom Cover | 1 |
| 73 | 7006073 | Ø5 × 16L_Tapping Screw (4 pcs Optional) | 9 |
| 74 | 7006074 | Ø3.5 × 12L_Sheet Metal Screw | 2 |
| 75 | 7006075 | 1/2" × UNC12 × 8.0T_Nyloc Nut | 2 |
| 76 | 7006076 | 3/8" × UNC16 × 7.0T_Nyloc Nut | 2 |
| 77 | 7006077 | 5/16" × UNC18 × 7.0T_Nyloc Nut | 4 |
| 78 | 7006078 | M8 × P1.25 × 7.0T_Nyloc Nut | 1 |
| 79 | 7006079 | Ø10 × 2.0T_Split Washer | 4 |
| 80 | 7006080 | Ø8 × 1.5T_Split Washer | 8 |
| 81 | 7006081 | Ø5 × 1.5T_Split Washer | 3 |
| 82 | 7006082 | Ø19 × Ø10 × 1.5T_Flat Washer | 6 |
| 83 | 7006083 | Ø10 × Ø25 × 2.0T_Flat Washer | 4 |
| 84 | 7006084 | Ø8 × Ø18 × 1.5T_Flat Washer | 4 |
| 85 | 7006085 | Ø50 × Ø13 × 3T_Nylon Washer ( B ) | 2 |
| 86 | 7006086 | Ø24 × Ø10 × 3T_Nylon Washer ( A ) | 4 |
| 87 | 7006087 | Ø25 × Ø20 × Ø16 × Ø5 × 4.5H × 1.1T_Concave Washer | 8 |
| 88 | 7006088 | M5_Star Washer | 3 |
| 89 | 7006089 | Ø5 × 19L_Tapping Screw | 1 |
| 90 | 7006090 | 13m/m_Wrench | 1 |
| 91 | 7006091 | Ø4 × 12L_Sheet Metal Screw | 12 |
| 92 | 7006092 | Belt Guide | 2 |
| 93 | 7006093 | Ø5 × 16L_Tapping Screw | 28 |
| 94 | 7006094 | Ø10 × Ø25 × 0.8T_Nylon Washer | 2 |
| 95 | 7006095 | Cylinder | 1 |
| 96 | 7006096 | M8 × P1.25 × 50L_Flat Head Countersink Bolt | 2 |
| 99 | 7006099 | 5/16" × UNC18 × 1/2"_Hex Head Bolt | 8 |
| 100 | 70060100 | Ø8 × Ø18 × 1.5T_Flat Washer | 8 |
| 102 | 70060102 | Combination M5 Allen Wrench & Phillips Head Screwdriver | 1 |
| 103 | 70060103 | M6 (66 × 86)_L Allen Wrench | 1 |
| 104 | 70060104 | Lubricant | 1 |
| 105 | 70060105 | Adjustment Foot Pad | 2 |
| 111 | 70060111 | Ø3.5 × 16L_Tapping Screw | 5 |
| 112 | 70060112 | Wire Tie Mount | 5 |
| 113 | 70060113 | Top Motor Cover Plate | 1 |
| 114 | 70060114 | 1000m/m_Speed Adjustment Switch W/Cable (Upper) | 1 |
| 115 | 70060115 | 1000m/m_Incline Adjustment Switch W/Cable (Upper) | 1 |
| 116 | 70060116 | Ø3 × 10L_Sheet Metal Screw | 2 |
| 125 | 70060125 | 5/16" × UNC18 × 3/4"_Button Head Socket Bolt | 8 |
| 127 | 70060127 | M10 × P1.5 × 8.0T_Nyloc Nut | 2 |
| 128 | 70060128 | M5 × P0.8 × 10L_Phillips Head Screw | 7 |
| 135 | 70060135 | Ø3 × 75L_Sheet Metal Screw | 2 |
| 140 | 70060140 | Ø4 × 19L_Sheet Metal Screw | 4 |
| 143 | 70060143 | Receiver, HR (Optional) | 1 |
| 146 | 70060146 | Drink Bottle (Optional) | 1 |
| 151 | 70060151 | 400m/m_Audio Cable (Optional) | 1 |





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| Key | Part | Part Description | Q'ty |
|---|---|---|---|
| **153** | **70060153** | Chest Strap (Optional) | 1 |
| **154** | **70060154** | 1000m/m_Ground Wire | 1 |
| **162** | **70060162** | Controller Back Plate | 1 |
| **163** | **70060163** | Ø3 × 8L_Sheet Metal Screw | 2 |
| **175** | **70060175** | Rubber Foot | 2 |



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# TROUBLESHOOTING

## ERROR MESSAGES

**E0:** Safety switch is open. The safety switch has malfunctioned or is intermittent.

**E2:** Treadmill is overloaded and the protection device of the controller is activated. Check if the tread belt has shifted and movement is obstructed. Check if lubrication is sufficient, the friction is high. The bearings in the belt rollers could be worn.

**E4:** Abnormal voltage between motor terminals. Motor cable is not properly connected.

**E5:** Communication between console and controller is disconnected. Check if console and drive board are connected properly with connecting cable is free from damage.

**E6:** Controller is defective. Controller component malfunction.

**ER:** Incline malfunction. Check if incline cables connected properly. Check if incline mechanism is stuck or defective. Perform calibration procedure.

## Engineering Mode

1. In Idle mode pull off the safety key; the display shows E0.
2. Pressing and hold PROGRAM key and replace the safety key, the unit enters engineering mode.
3. Press the Clear/Set key to change the set value and use SPEED and INCLINE UP/DOWN keys to make selection.
    i. At first is Metric/English selection for km/h or mph readings. Press Clear/Set after setting
    ii. Then it follows with “0” and “1” being displayed. “0” is to switch off the audible beep sound; “1” is to switch it on. Press Clear/Set after setting.
    iii. The wheel size is set at 60. Press Clear/Set after setting.
    iv. Minimum speed is set at 10 for speed 1. Press Clear/Set after setting.
    v. Maximum speed is set at 160 for speed 16. Press Clear/Set after setting.
    vi. Incline level is set at 10 for level 10 or 12 for level 12. Press Clear/Set after setting.
4. Press the START key to enter automatic calibration.
5. The console returns to idle mode when calibration is completed.


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# TRAINING **GUIDELINES**

## EXERCISE

Exercise is one of the most important factors in the overall health of an individual. Listed among its benefits are:

- Increased capacity for physical work (strength endurance)
- Increased cardiovascular (heart and arteries/veins) and respiratory efficiency
- Decreased risk of coronary heart disease
- Changes in body metabolism, e.g. losing weight
- Delaying the physiological effects of age
- Physiological effects, e.g. reduction in stress, increase in self-confidence, etc.

## BASIC COMPONENTS OF PHYSICAL FITNESS

**There are four all encompassing components of physical fitness and we need to briefly define each and clarify its role.**

**Strength** is the capacity of a muscle to exert a force against resistance. Strength contributes to power and speed and is of great importance to a majority of sports people.

**Muscular Endurance** is the capacity to exert a force repeatedly over a period of time, e.g. it is the capacity of your legs to carry you 10 Km without stopping.

**Flexibility** is the range of motion about a joint. Improving flexibility involves the stretching of muscles and tendons to maintain or increase suppleness, and provides increased resistance to muscle injury or soreness.

**Cardio-Respiratory Endurance** is the most essential component of physical fitness. It is the efficient functioning of the heart and lungs

**AEROBIC FITNESS**

The largest amount of oxygen that you can use per minute during exercise is called your maximum oxygen uptake (MVo2). This is often referred to as your aerobic capacity.

The effort that you can exert over a prolonged period of time is limited by your ability to deliver oxygen to the working muscles. Regular vigorous exercise produces a training effect that can increase your aerobic capacity by as much as 20 to 30%. An increased MVO2 indicates an increased ability of the heart to pump blood, of the lungs to ventilate oxygen and of the muscles to take up oxygen.

**Anaerobic Training**

This means “without oxygen” and is the output of energy when the oxygen supply is insufficient to meet the body’s long term energy demands. (For example, 100 meter sprint).

**The Training Threshold**

**This is the minimum level of exercise which is required to produce significant improvements in any physical fitness parameter.**

**Progression**

As your become fitter, a higher intensity of exercise is required to create an overload and therefore provide continued improvement

**Overload**

This is where you exercise at a level above that which can be carried out comfortably. The intensity, duration and frequency of exercise should be above the training threshold and should be gradually increased as the body adapts to the increasing demands. As your fitness level improves, so the training threshold should be raised.

Working through your program and gradually increasing the overload factor is important.

**Specificity**

Different forms of exercise produce different results. The type of exercise that is carried out is specific both to the muscle groups being used and to the energy source involved.

There is little transfer of the effects of exercise, i.e. from strength training to cardiovascular fitness. That is why it is important to have an exercise program tailored to your specific needs.

**Reversibility**

If you stop exercising or do not do your program often enough, you will lose the benefits you have gained. Regular workouts are the key to success.

## WARM UP

Every exercise program should start with a warm up where the body is prepared for the effort to come. It should be gentle and preferably use the muscles to be involved later. Stretching should be included in both your warm up and cool down, and should be performed after 3-5 minutes of low intensity aerobic activity or callisthenic type exercise.

**Warm Down or Cool Down**

This involves a gradual decrease in the intensity of the exercise session. Following exercise, a large supply of blood remains in the working muscles. If it is not returned promptly o the central circulation, pooling of blood may occur in the muscles

**Heart Rate**

As you exercise, so the rate at which your heart beat also increases. This is often used as a measure of the required intensity of exercise. You need to exercise hard enough to condition your circulatory system, and increase your pulse rate, but not enough to strain your heart.

Your initial level of fitness is important in developing an exercise program for you. If you are starting off, you can get a good training effect with a heart rate of 110-120 beats per minute (BPM). If you are fitter, you will need a higher threshold of stimulation.

To begin with, you should exercise at a level that elevates your heart rate to about 65 to 70% of your maximum. If you find this is too easy, you may want to increase it, but it is better to lean on the conservative side. As a rule of thumb, the maximum heart rate is 220 minus your age. As you increase in age, so your heart, like other muscles, loses some of its efficiency. Some of its natural loss is won back as fitness improves.

The following table is a guide to those who are “starting fitness”.

| Age | 25 | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 |
|---|---|---|---|---|---|---|---|---|---|
| Target heart Rate | | | | | | | | | |
| 10 Second Count | 23 | 22 | 22 | 21 | 20 | 19 | 19 | 18 | 18 |
| Beats per Minute | 138 | 132 | 132 | 126 | 120 | 114 | 114 | 108 | 108 |

**Pulse Count**

The pulse count (on your wrist or carotid artery in the neck, taken with two index fingers) is done for ten seconds, taken a few seconds after you stop exercising. This is for two reasons: (a) 10 seconds is long enough for accuracy, (b) the pulse count is to approximate your BPM rate at the time you are exercising. Since heart rate slows as you recover, a longer count isn’t as accurate.

The target is not a magic number, but a general guide. If you’re above average fitness, you may work quite comfortably a little above that suggested for your age group.
The following table is a guide to those who are keeping fit. Here we are working at about 80% of maximum.

| Age | 25 | 30 | 35 | 40 | 45 | 50 | 55 | 60 | 65 |
|---|---|---|---|---|---|---|---|---|---|
| Target heart Rate | | | | | | | | | |
| 10 Second Count | 26 | 26 | 25 | 24 | 23 | 22 | 22 | 21 | 20 |
| Beats per Minute | 156 | 156 | 150 | 144 | 138 | 132 | 132 | 126 | 120 |

Don’t push yourself too hard to reach the figures on this table. It can be very uncomfortable if you overdo it. Let it happen naturally as you work through your program. Remember, the target is a guide, not a rule, a little above or below is just fine.

Two final comments:(1) don’t be concerned with day to day variations in your pulse rate, being under pressure or not enough sleep can affect it;(2) your pulse rate is a guide, don’t become a slave to it.

**ENDURANCE CIRCUIT TRAINING**

Cardiovascular endurance, muscle, strength, flexibility and coordination are all necessary for maximum fitness. The principle behind circuit training is to give a person all the essentials at one time by going through your exercise program moving as fast as possible between each exercise. This increases the heart rate and sustains it, which improves the fitness level. Do not introduce this circuit training effect until you have reached an advanced program stage.

**Body Building**

Is often used synonymously with strength training. The fundamental principal here is OVERLOAD. Here, the muscle works against greater loads than usual. This can be done by increasing the load you are working against.

**Patronization**

This is the term used to vary your exercise program for both physiological and psychological benefits. In your overall program, you should vary the workload, frequency and intensity. The body responds better to variety and so do you. In addition, when you feel yourself getting “stale’, bring in periods of lighter exercise to allow the body to recuperate and restore its reserves. You will enjoy your program more and feel better for it.



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**Muscle Soreness**

For the first week or so, this may be the only indication you have that you are on an exercise program. This, of course, does depend on your overall fitness level. A confirmation that you are on the correct program is a very slight soreness in most major muscle groups. This is quite normal and will disappear in a matter of days.

If you experience major discomfort, you may be on a program that is too advanced or you have increased your program too rapidly.

If you experience PAIN during or after exercise, your body is telling you something.

Stop exercising and consult your doctor.

## WHAT TO WEAR

Wear clothing that will not restrict your movement in any way while exercising. Clothes should be light enough to allow the body to cool. Excessive clothing that causes you to perspire more than you normally would while exercising, gives you no advantage. The extra weight you lose is body fluid and will be replaced with the next glass of water you drink. It is advisable to wear a pair of gym or running shoes or “sneakers”.

**Breathing During Exercise**

Do not hold your breath while exercising. Breathe normally as much as possible. Remember, breathing involves the intake and distribution of oxygen, which feeds the working muscles.

**Rest periods**

Once you start your exercise program, you should continue through to the end. Do not break off halfway through and then restart at the same place later on without going through the warm-up stage again.

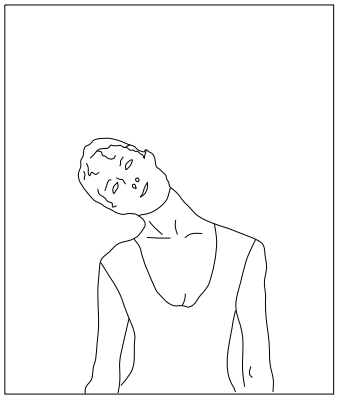
The rest period required between strength training exercises may vary from person to person. This will depend mostly on your level of fitness and the program you have chosen. Rest between exercises by all means, but do not allow this to exceed two minutes. Most people manage with half minute to one minute rest periods.

# STRETCHING

Stretching should be included in both your warm up and cool down, and should be performed after 3-5 minutes of low intensity aerobic activity or callisthenic type exercise. Movements should be performed slowly and smoothly, with no bouncing or jerking. Move into the stretch until slight tension, not pain, is felt in the muscle and hold for 20-30 seconds. Breathing should be slow, rhythmical and under control, making sure never to hold your breath.

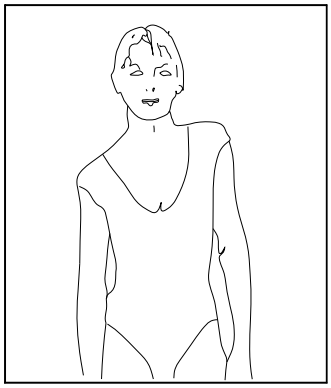
**HEAD ROLLS**

Rotate your head to the right for one count, feeling the stretch up the left side of your neck. Next rotate your head back for one count, stretching your chin to the ceiling and letting your mouth open. Rotate your head to the left for one count, and finally, drop your head to your chest for one count.



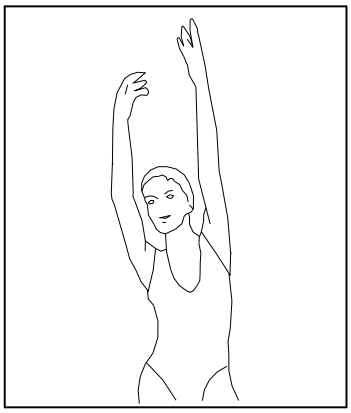
**SHOULDER LIFTS**

Lift your right shoulder up toward your ear for one count. Then lift your left shoulder up for one count as you lower your right shoulder.



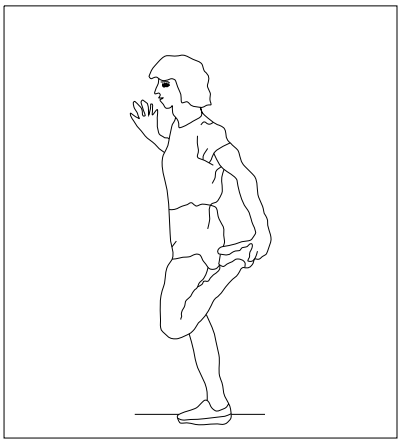
**SIDE STRETCHES**

Open your arms to the side and continue lifting them until they are over your head. Reach your right arm as far upward toward the ceiling as you can for one count. Feel the stretch up your right side. Repeat this action with your left arm**.**



**QUADRICEPS STRETCH**

With one hand against a wall for balance, reach behind you and pull your right foot up. Bring your heel as close to your buttocks as possible. Hold for 15 counts and repeat with left foot up.







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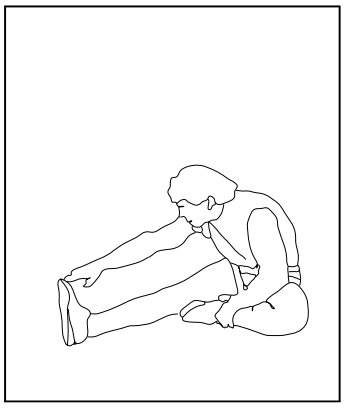
**INNER THIGH STRETCH**

Sit with the soles of your feet together with your knees pointing outward. Pull your feet as close into your groin as possible. Gently push your knees towards the floor. Hold for 15 counts.



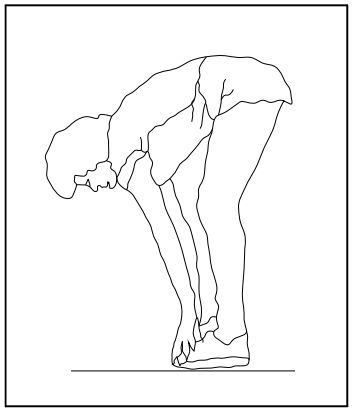
**HAMSTRING STRETCHES**

Sit with your right leg extended. Rest the sole of your left foot against your right inner thigh. Stretch as far as possible. Hold for 15 counts. Relax and then repeat with left leg extended.



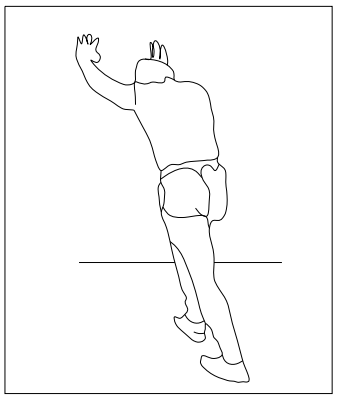
**TOUCHES**

Slowly bend forward from your waist, letting your back and shoulders relax as you stretch toward your toes. Reach down as far as you can and hold for 15 counts.



**CALF / ACHILLES STRETCH**

Lean against a wall with your left leg in front of the right and your arms forward. Keep toward your toe your right leg straight and the left foot on the floor then bend the left leg and lean forward by moving your hips toward the wall. Hold, then repeat on the other side for 15 counts.







Dyaco Canada Inc. 2017

# MANUFACTURER'S **LIMITED WARRANTY**

Dyaco Canada Inc. warrants all its treadmill parts for a period of time listed below from the date of retail sale, as determined by sale receipt. Dyaco Canada Inc.'s responsibilities include providing new or remanufactured parts, at Dyaco Canada Inc.'s option, and technical support to our independent dealers and servicing organizations. In the absence of a dealer or service organization, these warranties will be administered by Dyaco Canada Inc. directly to a consumer. The warranty period applies to the following components:

| | |
|---|---|
| **Frame/Motor** | Lifetime |
| **Parts** | 1 Year |
| **Labour** | 90 days |

The consumer is responsible for the items listed below:

1. The warranty registration card must be completed and returned to the address listed on the card within 10 days of the original purchase or register instantly via our website: http://www.solefitness.ca/warranty_registration.php
2. Proper use of the treadmill in accordance with the instructions provided in this manual.
3. Proper installation in accordance with instructions provided with the treadmill and with all local electric codes.
4. Proper connection to a grounded power supply of sufficient voltage, replacement of blown fuses, repair of loose connections or defects in house wiring.
5. Expenses for making the treadmill accessible for servicing, including any item that was not part of the treadmill at the time it was shipped from the factory.
6. Damages to the treadmill finish during shipping, installation or following installation.
7. Routine maintenance of this unit as specified in this manual.

**EXCLUSIONS**

This warranty does not cover the following:

1. CONSEQUENTIAL, COLLATERAL, OR INCIDENTAL DAMAGES SUCH AS PROPERTY DAMAGE AND INCIDENTAL EXPENSES RESULTING FROM ANY BREACH OF THIS WRITTEN OR ANY IMPLIED WARRANTY.
   Note: Some areas do not allow the exclusion or limitation of incidental or consequential damages, so this limitation or exclusion may not apply to you.
2. Service call reimbursement to the consumer. Service call reimbursement to the dealer that does not involve malfunction or defects in workmanship or material, for units that are beyond the warranty period, for units that are beyond the service call reimbursement period, for treadmill not requiring component replacement, or treadmill not in ordinary household use.
3. Damages caused by services performed by persons other than authorized Dyaco Canada Inc. service companies; use of parts other than original Dyaco Canada Inc. parts; or external causes such as corrosion, discoloration of paint or plastic, alterations, modifications, abuse, misuse, accident, improper maintenance, inadequate power supply, or acts of God.
4. Products with original serial numbers that have been removed or altered.
5. Products that have been: sold, transferred, bartered, or given to a third party.
6. Products that do not have a warranty registration card on file at Dyaco Canada Inc. Dyaco Canada Inc. reserves the right to request proof of purchase if no warranty record exists for the product.
7. THIS WARRANTY IS EXPRESSLY IN LIEU OF ALL OTHER WARRANTIES EXPRESSED OR IMPLIED, INCLUDING THE WARRANTIES OF MERCHANTABILITY AND/OR FITNESS FOR A PARTICULAR PURPOSE.
8. Warranties outside of Canada may vary. Please contact your local dealer or Dyaco Canada for details.

**SERVICE**

The sales receipt establishes the labour warranty period should service be required. If service is performed, it is in your best interest to obtain and keep all receipts. This written warranty gives you specific legal rights. Service under this warranty must be obtained by following these steps, in order:

1. Contact your selling authorized SOLE dealer or Dyaco Canada.
2. If you have any questions about your new product or questions about the warranty contact Dyaco Canada Inc. at 1-888-707-1880.
3. If no local service is available, Dyaco Canada Inc. will repair or replace the parts, at Dyaco Canada Inc.'s option, within the warranty period at no charge for parts. All transportation costs, both to our factory and upon return to the owner, are the responsibility of the owner. The owner is responsible for adequate packaging upon return to Dyaco Canada Inc. Dyaco Canada Inc. is not responsible for damages that occur during shipping. Make all freight damage claims with the appropriate freight carrier. DO NOT SHIP ANY UNIT TO OUR FACTORY WITHOUT A RETURN AUTHORIZATION NUMBER. All units arriving without a return authorization number will be refused.
4. For any further information, or to contact our service department by mail, send your correspondence to:

Dyaco Canada Inc.
5955 Don Murie Street
Niagara Falls, ON
L2G 0A9

Product features or specifications as described or illustrated are subject to change without notice. All warranties are made by Dyaco Canada Inc.


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Please visit us online for information about our other brands and products manufactured and distributed by Dyaco Canada Inc.

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